

Defibrillator available at Calstock Arts.

16 October is 'Restart a Heart Day', a good day to announce that a defibrillator has been installed on the wall between the Old Chapel and The Rectory, on Sand Lane.



This adds a third defibrillator to the village. The other two are at the Village Hall on the Quay and at Calstock Primary School (go through the playing fields if the school is closed for access). It has been registered on 'The Circuit'; the national defibrillator network which connects it to the South West Ambulance Service so it can be accessed in an emergency.

Fund raising started in April with first aid courses. A grant from London Hearts (supplier), matched funding from Santander and donations from local film events, our Jubilee concert, a clothes sale, and cream teas raised the amount needed at the end of the summer.

The defibrillator talks to the user and takes them through the procedure so a novice can use it. However, a video from London Hearts will be published on our website next week which shows you what to do.

Chair of Calstock Arts, Charmian Saunders, thanked everyone involved and all those who gave their time and donations. She said 'Having equipment in Sand Lane, in addition to the other locations in the village, not only benefits patrons of Calstock Arts but the whole village'

For more information on Restart a Heart Day, which is an annual event see – <https://www.resus.org.uk/get-involved/restartaheart-day>