

First Aid Training and Fund Raising for additional Defibrillator

Natalie Utton previously asked if anyone was interested in First Aid training and had a very positive response. I am organising some training for Calstock Arts and agreed with Nat that I would try and arrange training for anyone else that was interested.

Many people won't need, or want, a full days training but just want the basics, so we have two options available –

1. One day course – Emergency First Aid at Work (£50 to include book & certificate)
2. Half day (3 hours) course - First Aid basics (£20)

We will use any surplus raised, after paying the trainer, towards an additional defibrillator for the village; located near the Old Chapel on Sand Lane.

We thought First Aid training was a good way for everyone to gain or update their first aid skills and also fund raise for a useful piece of equipment that can benefit the whole community.

We will be provided with a video link, when we purchase the defibrillator, with details on how to use it. We will make this available but also show it a number of times when it is installed so everyone can see how to use it.

Once we can see how many are interested, we will arrange dates. The training will be held at The Old Chapel in the main room.

If you are interested please register using the link below and say whether you want to attend the full day or half day course and if you prefer a weekday or weekend course.

https://docs.google.com/forms/d/e/1FAIpQLScqQ7nlqZOOngQkwFx0OB_NiGPr0_FLjRXUj-mWx7nFzPEpw/viewform?usp=sf_link

Please see content of the courses below.

1 Day (accredited) Emergency First Aid at Work includes:

Legalities, Responsibilities, Action in Emergency, Assess the Situation, Primary Survey, Secondary Survey, Recovery Position, Dealing with an Unresponsive Casualty, CPR, Resuscitation, AED, Chain of Survival, Choking, Shock, Fainting, Wounds & Bleeding, Infection Control, Bandaging, Epilepsy, Burns & Foreign Objects, First Aid kits. Aural Q&A and practical tests.

Three hour basic course includes:

Assess the Situation, Primary Survey, Secondary Survey, Recovery Position, Dealing with an Unresponsive Casualty, CPR, Resuscitation, AED, Choking and if time permits Anaphylaxis.

Thanks

Debbie